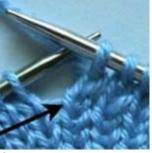
Left Lifted Increase (LLI)



Step 1: Unlike the RLI, this increase is worked two stitches below.



Step 2: Insert your left needle from back to front underneath the second stitch below.



Step 3: Place this stitch on the left needle. Note that it will be mounted in the reverse direction from normal.



Step 4: Knit it through the front loop (insert needle from right to left).

Right Lifted Increase (RLI)



Step 1: Use your right needle to pull the knit stitch one row below the first stitch on your left needle.



Step 2: Place the stitch on the left needle, taking care to ensure it doesn't slip over the stitch next to it.



Step 3: Knit the stitch and slip it off the needle, taking care not to slip off the stitch that was originally on the needle